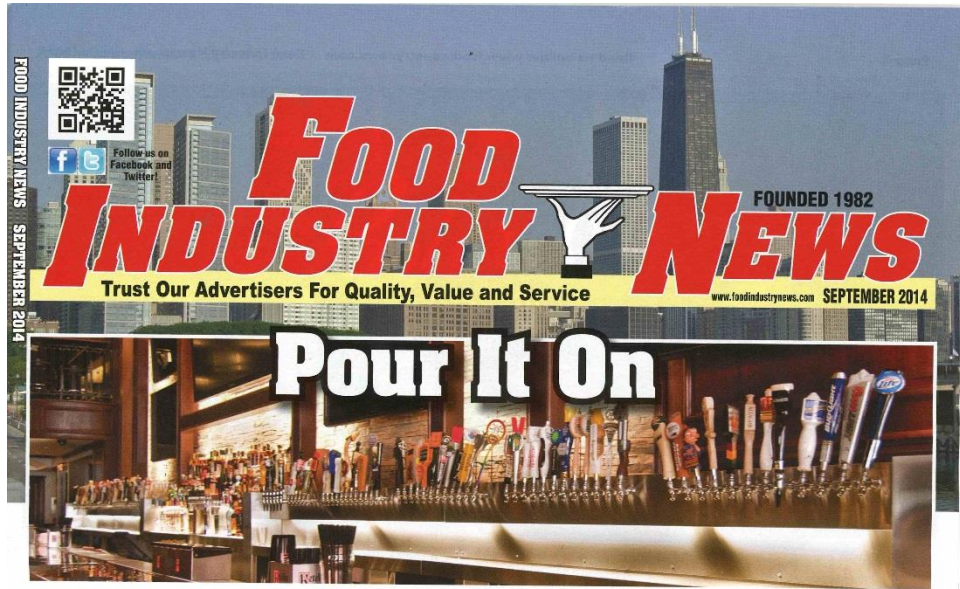


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CHICAGO GOURMET

MILLENNIUM PARK, SEPTEMBER 26-28

The Chicago Gourmet event showcases more than 150 of Chicago's finest restaurants and chefs, as well as hundreds of renowned winners, spirit makers, and premium breweries from around the world. Participating celebrity chefs include Sergi Arola, Rick Bayless, Graham Elliot, Della Gossert, Thomas Leques, Matthias Merges, Masaharu Morimoto, and Rick Tramonto. Sommeliers include Serafin Alvarado, MS, Alpina Singh, Joseph Spellman, MS and Larry Stone, MS. Basic tickets range from \$185.30 to \$299.75.

Billed as "a homage to beer," and with over 90 unique brews to choose from, the Old Town Pour House has one of the best beer selection's in Chicago and beyond. Don't be intimidated, their staff is happy to help you decide. Try one of the rotating beer flights and enjoy four 6oz tasters from a vast variety of rotating regional, national, and global beers from small producers. The Old Town Pour House is part of Bottleneck Management and has two locations: 1419 N. Wells, Chicago, and 8 Oak Brook Center, Oak Brook, IL. Draft Magazine named Old Town Pour House (Chicago) one of America's 100 best beer bars in 2013.



There is nothing more American than the offerings found at US Cellular Field, home of 2005 World Series Champions the Chicago White Sox. With a lot of excellent Chicago-style choices for food to pick from, the Southside venue avoids getting overly fancy by sticking to what works: basic comfort and informal food fare. It's a baseball park where the cuisine is as great as the game. The story appears on page 35.

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Monday, Sept. 15, 1845: 5,000 women cotton workers begin a strike in Pennsylvania demanding a 10-hour work day.

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A Reminder About Motivation

When you hire smart people, don't put them in a restrictive position, or shut down their input. Stop their talent and you'll soon lose them, either in person or in spirit.

If you're wiser, guide them; if you're not, shut up, step back and allow them to contribute to your bottom line.

TRAVEL with Valerie Miller

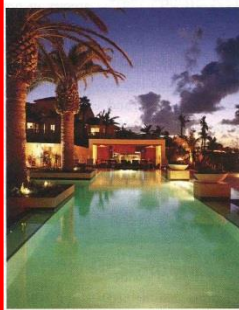
FOURTH ANNUAL CARIBBEAN FOOD & WINE FESTIVAL- November 6-8, 2014 DESTINATION: TURKS AND CAICOS

Getting There: Flights out of Chicago O'Hare on American Airlines connecting in Miami and US Airways connecting in Charlotte. Flights out of Chicago Midway on Delta Airlines connecting in Atlanta.

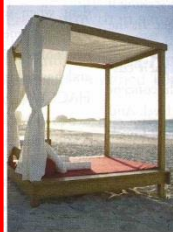
Grace Bay Resorts, in partnership with the Turks and Caicos Tourist Board and The Wine Cellar, announced the official schedule for the Fourth Annual Caribbean Food & Wine Festival. The weekend-long festival brings together international chefs and winemakers who partner with local chefs to create a truly memorable, and always-sold-out, event focused on the local food and flavors of the island.

The event takes place from November 6 through November 8, 2014, and welcomes all-star chefs from around the world including Leah Cohen "Top Chef" of New York's Pig & Khao, David Lefevre of Manhattan Beach Post in California and Hans-Peter Haider of Hotel2 in Austria. Renowned vintners include the Benzing Family Winery, Cuvaison Estate, Weingut Salzl Seewinkelhof and Duck Pond Cellars & Dessert Wind Winery. For tickets and more info visit www.caribbeanfoodandwinefestival.com

The not-for-profit event will raise funds for The Development of Youth Affairs and the islands "Little Chefs" mentor program that supports and encourages young local chefs to pursue career in hospitality, a vital industry of Turks and Caicos.



Grace Bay Resorts is a boutique developer and operator of high end luxury resorts and branded residences founded from its flagship property Grace Bay Club which opened in 1993. The brand has grown with an ownership stake in the management of West Bay Club and The Residences, a micro resort with exclusive luxury



beachfront villas all in Turks and Caicos.

The 40 islands of the Turks and Caicos of which eight are inhabited are renowned for their award-winning beaches, diving and array of world-class resorts. The islands feature a variety of spa and body treatment services and are home to the world's only conch farm. For more info visit www.turksandcaioisourism.com.