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How-to

Decide what goes in your carry-on

Because checked bags have a habit of disappearing, always pack these items in your carry-on. No excuses:

1. All prescription medications, especially ones you can't live without.
2. All jewelry. Many homeowner insurance policies don't cover jewelry if it's lost on a trip.
3. All electronics, including computers, cameras, recorders and phones. Pack the chargers and cords, too, if there's room and you think they may not be replaceable at the other end of the journey. **DOUG WALLACE/METRO**



Event

Caribbean Food & Wine Festival

Providenciales, Turks and Caicos, is gearing up for this fourth annual festival held at Grace Bay Resorts Nov. 6 to 8. International and local chefs collide with results that make this a sold-out event each year. Special guests include former Top Chef contestant Chef Leah Cohen of New York's Pig & Khao, Chef David Lefevre of Manhattan Beach Post in California and Hans Peter Haider of Hotel12 in Austria, along with vintners from Benziger Family Winery and Cuvaision Estates Wines. Visit caribbeanfoodandwinefestivaltc.com. **DOUG WALLACE/METRO**



Deal

South America on your mind?

If you book a 2015 Globus South American Air-Inclusive vacation on IAN or TAM Airlines before Aug. 26, you get up to \$800 off the airfare per couple for travel through March 31. After April 1, you get \$600 off. Other discounts are available for people traveling on other airlines, and land-only bookings can get 10 per cent off if you pay up front nine months before departure. Visit GlobusJourneys.ca. **DOUG WALLACE/METRO**

